

**UNITE
FOR
GOOD**

Rotary
Club of
**ORGAN DONATION
INTERNATIONAL**



**LET'S
INSPIRE !**

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NEW STEP

Weekly Bulletin of the Rotary Club of Organ Donation International



UNITE FOR GOOD **NANAVATI MAX** Super Speciality Hospital **Rotary Club of ORGAN DONATION INTERNATIONAL** **LET'S INSPIRE !**

ROTARY CLUB OF ORGAN DONATION INTERNATIONAL

WHEN DOES A PATIENT REQUIRE A LIVER TRANSPLANT?

 Rtn PHF Ritika Gupta Inspire President Rotary Club of Organ Donation International	 Rtn Lal Goel Founder & Charter President Rotary Club of Organ Donation International	 Dr Amith Kumar Pakkala Consultant - HPB Surgery Liver and Multi Organ Transplant Nanavati Max Super Speciality Hospital Mumbai
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Rtn Ruby Agarwal
Inspire Secretary

Rtn Dr Rajiv Gupta
Member

Time & Date: 8 PM on Sunday 5th April 2026

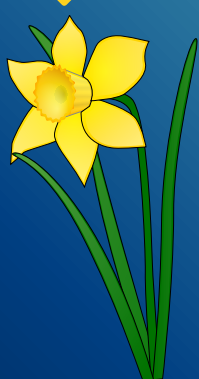
Watch live on <https://www.youtube.com/@gyan8932>



**EASTER TEACHES RENEWAL
ORGAN DONATION MAKES IT REAL
DONATE ORGANS**

CHIEF MANAGING EDITOR IPP RTN LAL GOEL
PUBLISHED ON BEHALF OF INSPIRE PRESIDENT RTN PHF RITIKA GUPTA
BY INSPIRE SECRETARY RTN RUBY AGARWAL FOR ROTARY CLUB OF
ORGAN DONATION INTERNATIONAL.
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FROM THE DESK OF CHIEF MANAGING EDITOR



Dear Fellow Rotarians and Esteemed Members,

It gives me immense pleasure to present the Easter Special Issue of New Step. This edition is particularly close to my heart, as it reflects the deep spiritual connection between faith, compassion, and the noble cause of organ donation.

In my article, "Jesus Christ, Easter & Organ Donation," I have made a sincere attempt to highlight how the life and sacrifice of Jesus Christ, as well as the essence of Easter, symbolise the ultimate act of giving — an act that resonates strongly with the spirit of organ donation. Through this, I endeavour to dispel prevailing myths and misconceptions, especially those rooted in religious beliefs, and encourage a more informed and compassionate outlook.

I was deeply moved to learn about an extraordinary incident in Mathura, where a condolence meeting transformed into an appreciation gathering. This powerful moment stands as a testament to the impact of organ donation — turning grief into gratitude, and loss into life. It reinforces my belief that our club's mission to create awareness is steadily gaining momentum and touching hearts across communities.

I extend my warmest wishes to all our members celebrating their birthdays in April — may the year ahead bring you happiness, good health, and continued service to humanity.

I would also like to appreciate our President-Elect, Rtn Hemalatha Bhandari, for her beautiful and soulful Easter poem, "A Sacred Dawn of Hope and Healing Light." I am confident that her words will inspire and uplift each one of you.

In our much-loved segment, "Healthy Food - Healthy Organs," our Inspire Secretary Rtn Ruby Agarwal has thoughtfully curated a delightful and nutritious Easter Yoghurt Parfait, perfectly aligned with the festive spirit and our commitment to healthy living.

This issue's "Interesting Facts About Our Members" segment shines a spotlight on one of our esteemed members, allowing us to celebrate the individuals who make our Rotary family truly special.

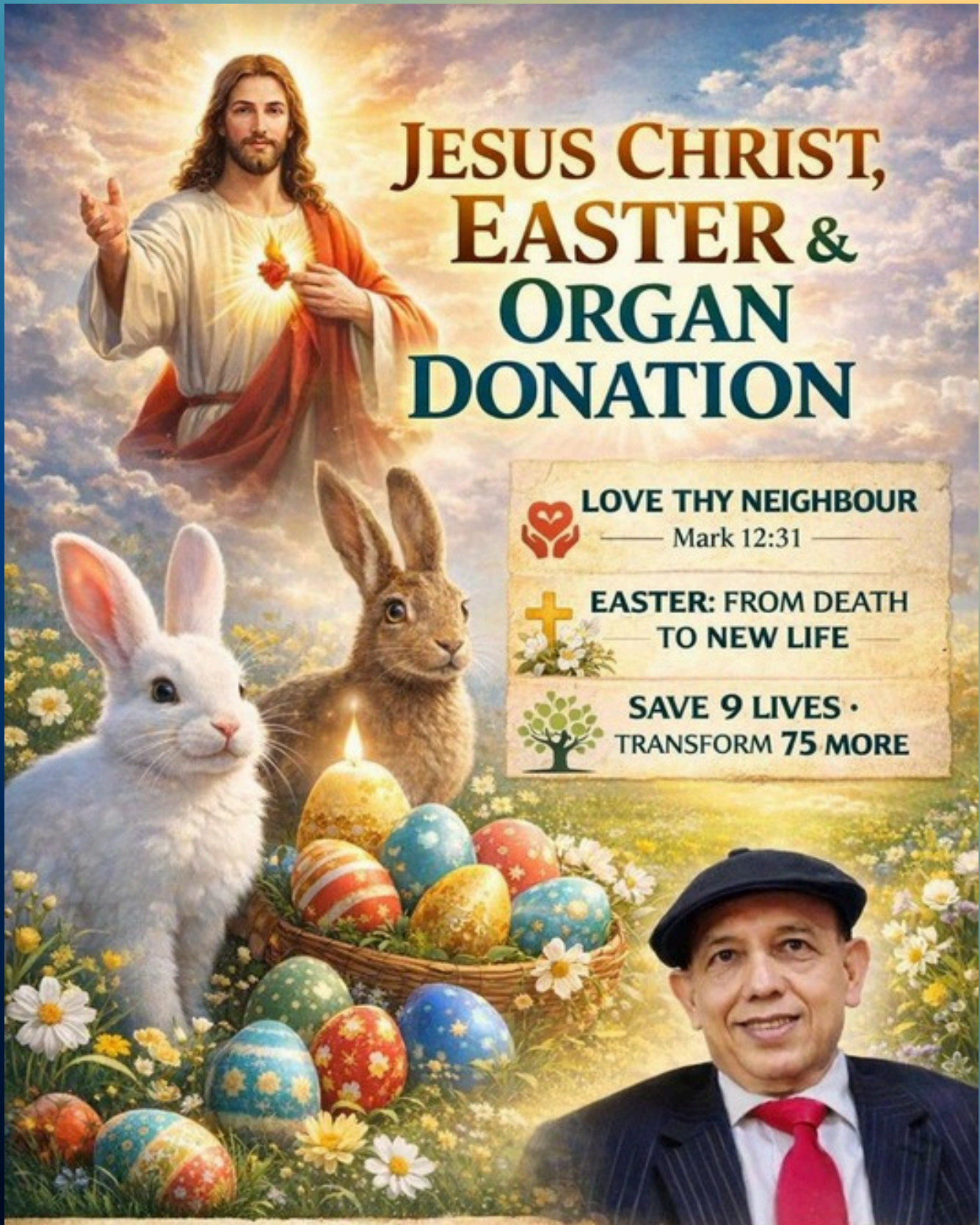
Let us continue to work together with renewed dedication to spread awareness about organ donation and create a lasting impact on society.

Yours in Rotary,

IPP Rtn Lal Goel

Chief Managing Editor

Founder & Charter President



JESUS CHRIST, EASTER & ORGAN DONATION



LOVE THY NEIGHBOUR

— Mark 12:31 —



**EASTER: FROM DEATH
TO NEW LIFE**



**SAVE 9 LIVES •
TRANSFORM 75 MORE**

Rotary
Club of
**ORGAN DONATION
INTERNATIONAL**



Rotarian Lal Goel

Founder & Charter President
Rotary Club of Organ Donation International
Chairman
Organ Donation India Foundation & GYAN

JESUS CHRIST, EASTER & ORGAN DONATION



Rtn Lal Goel

Founder & Charter President,
Rotary Club of Organ Donation International
Chairman: Organ Donation India Foundation & GYAN

A Sacred Reflection on Love, Sacrifice, and the Gift of Life

The life of Jesus Christ is the most luminous example of love in action—love that gives without reserve, sacrifices without hesitation, and saves without condition. In a world still searching for compassion in action, His message remains profoundly relevant today.

His crucifixion was a conscious offering for all of humanity; His resurrection, celebrated at Easter, is the eternal proclamation that life triumphs over death and hope over despair. In our own age, this divine teaching finds a deeply moving expression in organ donation.

LOVE THY NEIGHBOUR — THE CORE TEACHING

Among the most enduring teachings of Jesus Christ is this commandment, at once simple and inexhaustible in its depth:

“Love your neighbour as yourself.” — Gospel of Mark 12:31

In today’s world, where suffering is often unseen and anonymous, this commandment takes on a new and urgent meaning. This is not merely a moral instruction; it is a summons to care for others with the same tenderness we extend to our own lives.

Organ donation is among the truest reflections of this teaching in the modern world. When we pledge our organs, we give life to a neighbour we may never meet—yet whose existence becomes precious to us through the power of this single act of grace.

THE HIGHEST FORM OF LOVE: GIVING LIFE

Jesus Christ spoke of a love that goes beyond words, beyond sentiment, to the ultimate act of self-giving:

"Greater love has no one than this: to lay down one's life for one's friends." — Gospel of John 15:13

Organ donation embodies this highest form of love. Even after death, a donor continues to serve, to heal, to restore.

Through a single act of donation, life multiplies across many lives:

- ◆ A heart beats again in another chest, carrying renewed purpose
- ◆ Lungs breathe freely for someone who was struggling for every breath
- ◆ A liver restores hope—sometimes saving two lives at once
- ◆ Kidneys give new life to two individuals, freeing them from lifelong dialysis
- ◆ Eyes open to the world again, beholding light once lost

1 Donor · Saves up to 9 Lives · Transforms up to 75 Lives through tissue donation

This is not merely medicine; it is love in its purest, most selfless form.

EASTER: FROM DEATH TO NEW LIFE

The proclamation of Easter rings across centuries with undimmed power:

"He is not here; He has risen." — Gospel of Matthew 28:6

Easter is not just a celebration of Christ's resurrection—it is a reminder that every ending can become someone else's miracle.

This message of resurrection finds a profound echo in organ donation. What the world perceives as an ending becomes, through the donor's gift, a beginning—for many others. Life does not simply continue; it is reborn in new forms, in new bodies, in new stories of survival and hope.

Through organ donation, humanity rises together. Death is not the final word.

THE RABBIT, THE HARE & THE EGG — SYMBOLS OF NEW LIFE

The Easter rabbit, hare, and egg are ancient symbols that beautifully echo the spirit of renewal, abundance, and transformation.

The Rabbit represents abundance and the quiet miracle of life renewed—giving in a way that allows others to flourish.

The Hare, associated with ancient traditions of resurrection and the cycle of life, symbolises continuity beyond death—life that returns, transforms, and endures.

The Egg is a powerful symbol of resurrection—what appears closed and complete holds within it the promise of new life waiting to emerge.

In organ donation, these symbols become reality. One life, though ended, becomes the source of many new beginnings.

As Christ himself taught:

“Unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit.” — Gospel of John 12:24

The donor, like that seed, does not end — but multiplies life.

FAITH IN ACTION: BEYOND WORDS

Scripture reminds us:

“Faith by itself, if it is not accompanied by action, is dead.” — Epistle of James 2:17

Organ donation is faith made real. It is compassion translated into action. It is the moment when belief becomes a living legacy—continuing in the bodies and lives of others.

INDIA'S CALL: TURNING VALUES INTO ACTION

India has long proclaimed Vasudhaiva Kutumbakam—the world is one family. Yet our organ donation rates remain critically low, and thousands die each year waiting—not because medicine has failed, but because awareness has not translated into action.

Government initiatives, though important, are not sufficient on their own. This movement requires citizens, families, and communities to rise and take responsibility.

The call today is clear:

- Speak openly about organ donation within families
- Take the pledge during your lifetime
- Encourage others to join this life-saving mission
- Engage faith leaders and community voices
- Strengthen and support movements like the Rotary Club of Organ Donation International

Do not wait for the system to change—be the change. Start the conversation today.

When we donate, we are not simply fulfilling a medical need. We are living the commandment: Love thy neighbour.

◆ A CLOSING REFLECTION ◆

Easter reminds us that death is not the end—it can be a beginning for others. Let us honour the life and teachings of Jesus Christ not only in prayer, but in the choices we make for those who will live after us.

“Love thy neighbour” is not merely a teaching—it is a responsibility.

Through organ donation, we do not merely remember Christ’s message—we live it. Saving up to 9 lives, transforming up to 75 more, we turn Easter’s promise of resurrection into a living, breathing reality.



A CONDOLENCE MEETING IN MATHURA BECOMES AN APPRECIATION MEETING — THANKS TO ORGAN DONATION



Mathura, 23rd March — What began as a condolence meeting to honour a departed soul transformed into a heartfelt appreciation gathering, as those assembled at the Day Care Centre of the Senior Citizens Welfare Society, Mathura, paid tribute to Mrs Indra Kansal and her family for their extraordinary act of organ donation.

Following Mrs Indra Kansal's declaration of brain death at Manipal Hospital, Pune, on 11th March, her husband Mr S K Bansal — with the full support of his family — took the courageous decision to donate all of her organs. This selfless act has since drawn admiration from across society.

Rotarian Deepak Goel, President of the Senior Citizens Welfare Society and Foundation Chair (2026–27) of the Rotary Club of Organ Donation International, described the donation as a Supreme Donation.

He noted that the Kansal family's decision would not only bring hope to those who received the organs, but also to the many others still waiting.

Mr S K Kansal, who is associated with the Senior Citizens Welfare Society, expressed his gratitude to all those present for their support. He extended special thanks to the Rotary Club of Organ Donation International and its Founder and Charter President, Rotarian Lal Goel, for his guidance and steadfast support from the very outset of the donation process.

In a message conveyed to Mr Kansal, Rotarian Lal Goel said:

"As someone who has devoted his life to promoting organ donation, I can say with conviction that your family's decision reflects the highest spirit of humanity and generosity. Through this gift of life, Mrs Kansal will bring hope to those who were struggling for survival, and her legacy will live on — not only in your cherished memories, but also in the lives she has saved and transformed. This selfless act stands as a powerful example for society, and a truly noble tribute to her life."

On behalf of the Senior Citizens Welfare Society, Mr Raman Lal Gupta conveyed the organisation's gratitude to the Kansal family for their decision in service of this noble cause.

The meeting also served an educational purpose, as Rotarian Deepak Goel took the opportunity to explain in detail the distinction between body donation and organ donation — an important clarification that resonated deeply with those present.

Among those present at the gathering were members of the Kansal family, Rajeev Kumar Garg, Anita Goyal, Vivek Saxena, Antak Kansal, Sanjay Govil, Heera Lal Sharma, Parul Maheshwari, Ajay Mittal, Sandeep Mittal, Dr Sharad Saxena, Dr Ashok Agarwal, Shri Heera Lal ji, Shri Radhey Shyam Bansal, and Shri Rajendra Agarwal, along with many others who came to pay their respects and offer their support.

HAPPY
Birthday!

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Birthday of Members in April

- **Rtn Sucheeth Kumar Bhandari**
3rd Apr. (Mobile: +919884135460)

- **Rtn Ramesh Sharma**
13th Apr. (Mobile: +919412538260)

- **Rtn Prof. Dr Lakshmi Goel**
20th Apr. (Mobile: +1[713]2408481)

- **Rtn Dr Brinda Shine**
21st Apr. (Mobile: +919544009992)



“A Sacred Dawn of Hope and Healing Light” **ORGAN & TISSUE DONATION**

*Triumphing over the shadows of the night,
Holding a candle to keep hope in sight.
In every heartbeat, a story brand new,
Sowing the seeds of a life born anew.*

*Echoes of kindness that never will fade,
A legacy built in the choices we've made.
Sharing a miracle, selfless and deep,
Tending to promises we choose to keep.
Every breath granted is mercy set free,
Rising like dawn o'er a dark, restless sea.*

*Giving a chance where the light had grown dim,
Infinite grace found in helping a limb,
Vital and vibrant, a rhythm restored,
Endless compassion is finally outpoured.*

*Sacred the vessel that carries the spark,
Offering guidance through ways that were dark.
Mending the broken with love as the thread,
Easing the sorrow and calming the dread.
Time is a treasure, but love is the key,
Healing the future for those yet to be.
Inside of a gesture, a world can restart,
New life awakens within a new heart.
Gifted in silence, but loud in its worth.*

*Telling a tale of a second rebirth,
Heavenly peace in the hands that provide,
Answering prayers from the deep, aching tide.
Today is the moment to answer the call.*

*True is the love that gives life to us all,
Radiant hope that no distance can sever,
Unbroken bonds that will flourish forever.
Lifting the fallen to stand once again,
Yielding a harvest beyond any pain.*

*Life is the promise this season imparts,
Always residing in generous hearts.
Saving a stranger, a friend, or a kin,
Transcending the end so that life may begin.
So let your light shine through the gift you leave in.*



**Rtn Hemalatha
Bhandari
President
Elect**

HEALTHY FOOD - HEALTHY ORGANS

Healthy Easter Yoghurt Parfait



Rtn Ruby Agarwal
Inspire Secretary

Ingredients

- 2 cups thick yogurt / Greek yogurt
- 1 cup fresh fruits
(strawberries, mango, apple, banana, blueberries)
- ¼ cup granola or roasted oats
- 2 tbsp mixed nuts
(almonds, walnuts, pistachios)
- 1 tbsp chia seeds (soaked)
- 4–5 dates (khajoor)
- ½ tsp cinnamon powder

Method

1. Prepare yogurt base

Whisk yogurt until smooth. You can add crushed dates or a paste of soaked dates for natural sweetness.

2. Prepare fruits

Chop fruits into small bite-sized pieces.

3. Layering (important for presentation)

- First layer: yogurt
- Second layer: fruits
- Third layer: nuts + seeds
- Fourth layer: granola/oats

Repeat layers and finish with fruits and nuts on top.

4. Final touch

Sprinkle cinnamon or a few crushed nuts for a festive look.



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Rtn Leena Harit
Club Member

Name: **Leena Harit**

Mobile: **9871175381**

E-mail: **leenaharit07@gmail.com**

Profession: **self employed**

Family: **son, daughter and husband**

Favourite Food: **South Indian**

Favourite Holiday Destination: **Kerala**

Favourite Book: **Godaan by Premchand**

Favourite Song: **pal pal dil ke pass**

Favourite Quote: **time is precious**

Date of Birth: **7th July**

Wedding Anniversary: **24th November**

Your presence on social media:

Instagram - haritleena

Why did you choose to become a

member of RC Organ Donation:

because it is a noble cause



**SCAN
ME
FOR
QUICK
PLEDGE**

**(Pledge your Organs to donate only
after talking to your family members)**